

For Immediate Release: October 17, 2013

Campbellford Memorial Hospital Soon to Offer Sleep Clinic to Area Residents Suffering from Sleep Disorders

NEWS:

Campbellford Memorial Hospital will soon offer a Sleep Clinic for area patients suffering from sleep disorders. The Campbellford Sleep Clinic will be a 3-bed state of the art facility that conducts overnight polysomnograms (sleep studies). Sleep clinics help diagnose sleep disorders including insomnia, snoring, sleep apnea, and night movement disorders. Renovations are in progress now, and the sleep clinic is expected to open November 1st 2013 in the ambulatory clinic on the main floor of the hospital. The Sleep Clinic will have the ability to study 3 patients per night, and will potentially operate up to 7 nights per week. Patients will require a referral from a Physician, or Nurse Practitioner.

The Medical Director will be Dr. Stephen Glazer, and the Technical Director is Michael Eden. Dr. Stephen Glazer graduated from the University Of Toronto Faculty Of Medicine, completing a fellowship in Internal Medicine and Critical Care Medicine. He is also an American Board Certified specialist in Obesity Medicine. In addition to his inpatient hospital responsibilities at Humber River Hospital in Toronto, his office practice includes dealing with patients within the disciplines of general internal medicine, cardiology, diabetes, hypertension, sleep medicine, as well as preoperative risk assessment. In April 2010, Dr. Stephen Glazer was appointed the Medical Director of the Surgical Bariatric Program at Humber River Regional Hospital. In 2012, he was appointed as the Medical Director as the only Ministry of Health approved hospital-based Medical Bariatric Program for the Greater Toronto Area. His research interests include the study of screening for the presence of sleep disorder breathing in the morbidly obese population, as well as other medical aspects related to bariatric patients undergoing gastric bypass surgery.

Michael Eden has served as a Sleep Technologist for the past 18 years. Michael is a Board Certified Technologist (RPSGT) since 1998. He is a member of the College of Physicians and Surgeons (CPSO) Task Force that creates Policies and Procedures for all labs in Ontario. He is a member of the CPSO Review Panel, and reviews all assessments of Independent Health Facilities (IHF) Sleep Laboratories in Ontario. He currently assesses IHFs for the CPSO. Michael is the Technical Director and Administrator of the Cobourg Sleep Clinic, a six bed facility in Cobourg, ON.

Untreated sleep disorders can result in high blood pressure, diabetes, stroke, heart attacks, impotence, depression and irregular heartbeats. Sleep disorders can affect one's ability to function at work, they could contribute to vehicle accidents as well as impact quality of life.

Preserving

QUOTE:

“Our new sleep clinic is another example of Campbellford Memorial Hospital’s efforts to deliver a variety of services and care to our patients closer to home. As a community partner delivering faster, quality care, we welcome Dr. Glazer and Michael Eden to our family and look forward to sharing their expertise with this community.” **Brad Hilker, President and CEO, Campbellford Memorial Hospital**

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